

# GET BEHIND IT: Healthy, Happy Children



Los Angeles  
Child Guidance Clinic

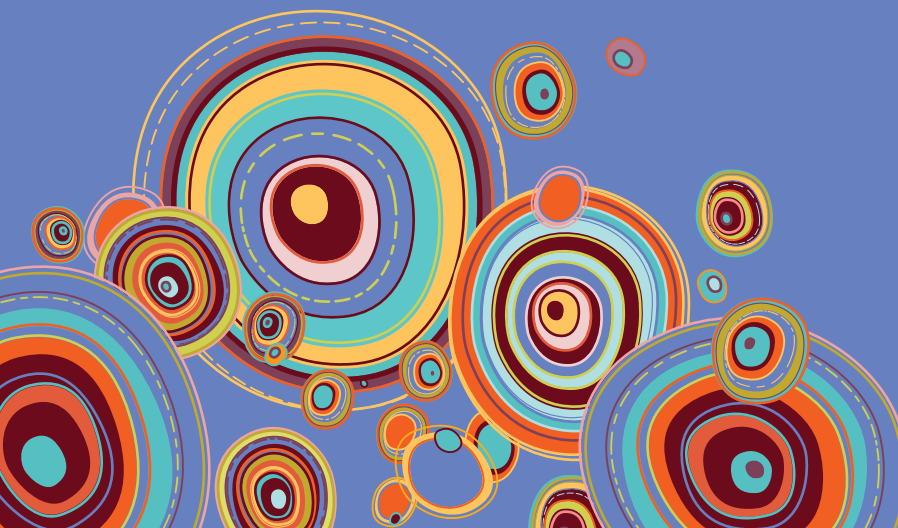
*Annual Report 2010*



## Our Mission

*“To provide quality mental health services to a community in great need by ensuring easy access and promoting early intervention”*

Los Angeles Child Guidance Clinic empowers South and Central L.A.’s children and young adults to get on track to success – to reach goals in school, build healthy relationships, and enjoy emotional well-being. Our team of compassionate professionals offers behavioral counseling and support to individuals and families by:

- Pioneering new programs and approaches that advance mental health services for children and families with the highest indicators of need.
  - Engaging in strategic collaborations with community partners, including schools, preschools, and health care and drug and alcohol service providers to best identify and treat children in need of mental health and allied services.
  - Promoting self-sufficiency of older youth and adults—with direct services and links to community support services that enhance success in higher education, job training, and employment.
  - Providing training opportunities for mental health and allied professionals.
- 



## To Our Friends & Supporters:

Our board of directors has adopted a tradition: Every year, we invite several Clinic families to lunch with the board and to share their stories – giving us insight into what they value, what they face, and what works. Their deeply moving stories speak to the vital importance of our mission statement goals of “easy access and early intervention” – especially during the most severe financial decline in a generation.

As we read daily of efforts to mend frayed state and local budgets through deep cuts to safety net services, your support – and that of the general public – remain the key to sustaining such success. While we hope this annual report deepens your commitment to our efforts, we have also launched an awareness campaign to build public support: “Get Behind It: Healthy Happy Babies – Our Best Public Investment.” We have kicked off the effort with a billboard campaign, and you can read more at our website [www.getbehindit.net](http://www.getbehindit.net).



“Get Behind It” focuses on a compelling fact: The estimated return from investment in early childhood services is \$4 to \$7 for every \$1 spent. This translates into improved graduation rates, reduced rates of juvenile incarceration, and less dependence on public assistance. Federal Reserve economists, RAND think tank researchers, and Nobel Laureate James Heckman have all reached the same conclusion: investing in early childhood services is critical and cost-effective.

The campaign also inspires our annual report this year, expanding the theme to include students, families, youth, and community. There has never been a more urgent time to “get behind it” and to redouble our commitment to health, success, and happiness for children—or a more compelling place. While the continued economic decline deeply affects families everywhere, Central and South Los Angeles communities face disproportionate impact. Here, families have long experienced the county’s highest poverty, unemployment, and high school drop out rates. In South Los Angeles the child abuse referral rate is 33% higher than the county rate, while the percentage of children in foster care placement is over 50% higher.

Our services rally behind the cause of a happy, healthy community. Blessed with our highly regarded, award-winning programs and expert, compassionate staff, Los Angeles Child Guidance Clinic enables South and Central L.A.’s children and young adults to get on track to success – to reach goals in school, build healthy relationships, and enjoy emotional well-being.

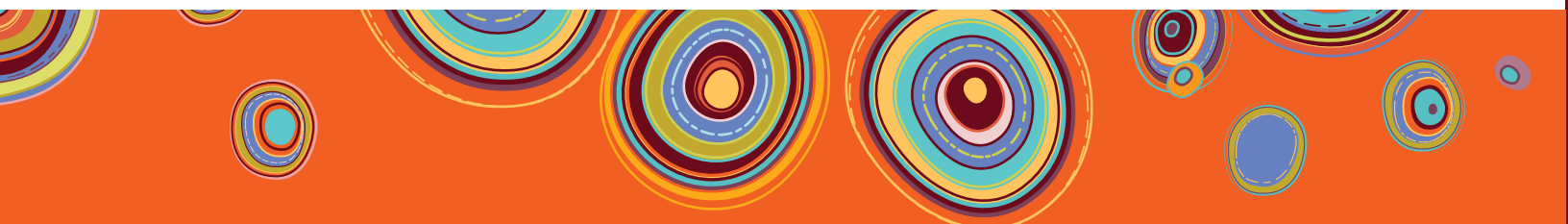
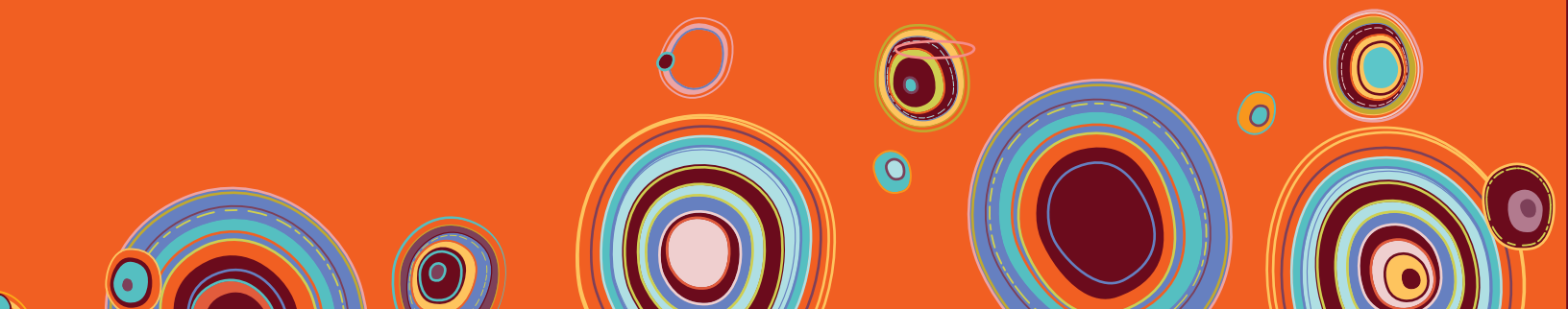
As you will read, we design and provide services of the highest quality, extending our reach through our partner schools, health clinics, and county and state agencies. We place a high value on such partnerships as shared investment in our community – and in our partnership with you.

We thank you for your support.

**Elizabeth W. Pfromm, M.S., MPA**  
President/CEO

**Robert J. Neary**  
Chairperson of the Board





Our Family Resource Center—a key component of our early intervention services—takes a highly relational approach to assist families in accessing basic services such as food, shelter, and health care.

# Healthy, Happy Babies

When four year-old Maya first came to the Los Angeles Child Guidance Clinic in summer 2008, her tantrums were so frequent and severe that she could not attend regular preschool. So she was enrolled in the Clinic's Early Intervention (EI) Day Treatment program, which provides positive reinforcement, consistency, and expert support for children. At the same time, her mother and father joined one of the Clinic's parent groups to learn additional parenting skills.

This therapeutic program for children ages 2 ½ to 5 years old is highly structured and nurturing. Art, music, and movement therapies are offered at the same times each day. "Predictability fosters security and a sense of mastery," explains Myisha Driver, LMFT, EI Day Treatment Coordinator, "especially for children whose homes and neighborhoods can be so unpredictable."

Often EI Day Treatment is the first port of entry for families needing help for children who already have speech and language disorders, multiple developmental delays, or disruptive behaviors.

The program is open each weekday, but interaction extends to home visits and free transportation to and from the Clinic. "This is our village," says Kim-Lan Dovan, LMFT. "We become a community for families who sometimes feel isolated by their problems."

EI Day Treatment is just one aspect of the Clinic's early intervention services for children ages 0 to 5, which have earned national recognition. The

Clinic focuses on the earliest years for a reason: brain development research is proving this period is critical for determining neurological pathways.

"The earlier we can intervene with targeted services, the more likely we can change the course of a child's brain development—and his or her life," says Nancy Ezra, Ph.D., Director of Early Intervention & Community Wellness Services & Training.

The Clinic is reaching even more lives through its Early Intervention and Training Institute—where "gatekeepers" who work with vulnerable children, ages 0-5, can increase their understanding of healthy social and emotional development and their ability to identify children in need of mental health services.

This year the Clinic appointed nationally recognized early intervention specialist Connie Lillas, Ph.D., as Chief Faculty for the Institute, and is expanding its faculty and offerings.

Clinic staff members are inspired by knowing they're making a difference. "Every day I come to work, I'm contributing to a child's positive development," says Rafael Sanchez, EI Day Treatment Mental Health Rehabilitation Specialist.



Left to right: Myisha Driver, Rafael Sanchez, and Kim-Lan Dovan



Nancy Ezra

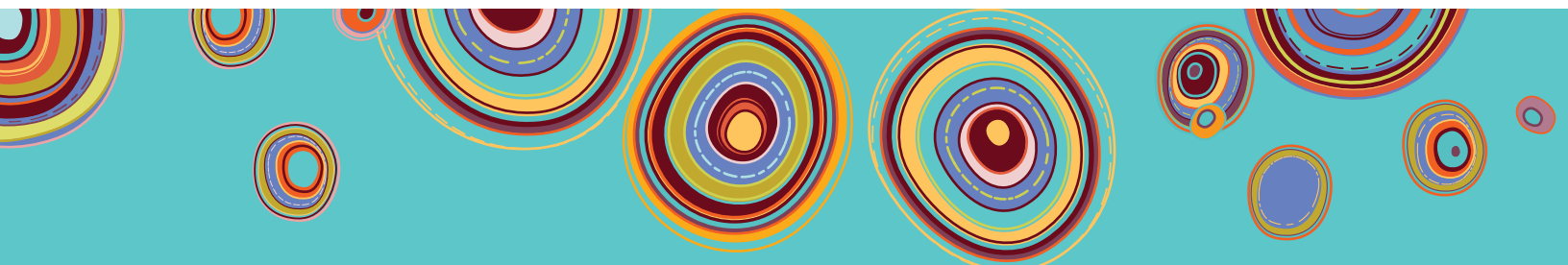
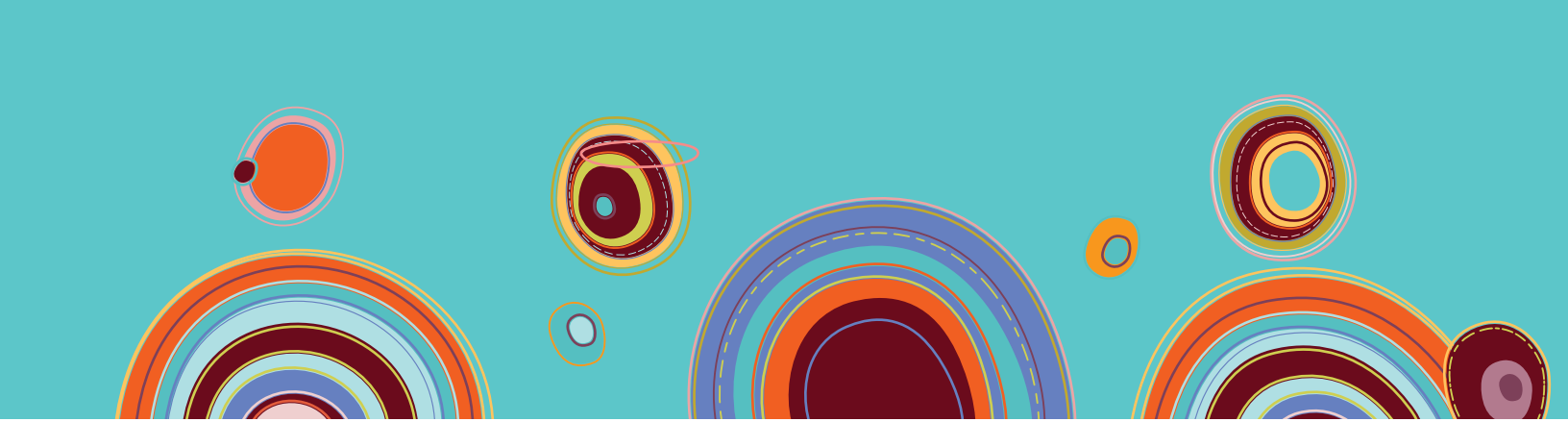
Measurable outcomes show he's right: children enrolled in EI Day Treatment demonstrate significant improvement in social development and language comprehension skills, while their caregivers experience a significant decrease in stress levels over time.

Maya made remarkable strides and, after six months, graduated to a community early education center. She now attends preschool, where she completes her work and has made friends. This summer, she enjoyed a "goodbye party" at the Clinic. She arrived dressed as Cinderella – fitting for the belle of the ball.



**"How can we best assure America's economic competitiveness? Invest in comprehensive early childhood development."**

**— Nobel Laureate James Heckman**



Smiles of success! Our Robert Wood Johnson Foundation-funded 3R's Project developed a national model for school-based mental health tailored to immigrant families.

# Healthy, Happy Students

The report card for the three-year 3R's Project at Norwood Street School in Los Angeles has been nothing short of positive—with significant gains for participating students in self esteem, social skills, behavior, effort, and academics.

This year marked the culmination of the project – part of a prestigious Robert Wood Johnson Foundation national initiative to identify effective ways to help immigrant families. The 3R's Project—*Relationships, Resiliency, and Recovery*—brought Los Angeles Child Guidance Clinic closer to its longtime community partner, Norwood Street School, and its Healthy Start Program and Parent Center.

The Clinic creates access to services for students at 22 schools in the Los Angeles Unified School District in a variety of ways. “Parents often feel more comfortable being in a school, which helps to break down barriers and stigma about receiving help,” notes Eric Inouye, LCSW, Clinic Community Access Coordinator.

The Clinic has been providing services at Norwood Street School since 1996. The 3R's Project allowed it to pilot an innovative model targeted to the special needs of immigrant students and their parents.

An enthusiastic Parent Advisory Group helped to guide the effort. “We worked to build the parents’ trust, to let them know that it is okay to come here for help,” says Juany Molina, Parent Center coordinator at Norwood. As parents became more vocal about their needs, they helped spread the word about the services.

These insider assists are essential

to success, says Mr. Inouye. “Often, when outside groups bring services, they bring the things they think people need. We were able to listen closely to the parents and teachers and fine-tune how best to meet the needs we identified together.”

As a result, the project included a Walk-in Clinic—with family-convenient hours 4 pm to 7 pm weekdays—plus parent support groups. A cinema therapy group screened Spanish-language films and spurred discussions of shared experiences, from dangerous crossings into America to life in an unfamiliar land. The program also trained health promoters to help families obtain mental health services.

Although children clearly benefited, they weren't alone. “Parents have told us they have learned better ways to communicate with their children,” says Mrs. Molina.

In 2010, the Clinic also launched a three-way partnership with South Central Family Health Center (SCFHC) and The Accelerated School—a multiplex of pre-K through 12th grade. The partnership provides coordinated services to students through SCFHC's on-campus primary care clinic.



*Eric Inouye*



*Members of Norwood Street School's Parent Advisory Group – left to right: Maria Diaz, Mercedes Llanos, Maria Aguilar, Rosalba Naranjo, Minerva Alamilla, and Carmen Flores.*



*Norwood Elementary staff Diana Ruiz and Juany Molina.*

“It's through alliances like this that we can help even more children and families in need,” says Mr. Inouye. And that possibility gets an A-plus.



**“For immigrant and refugee children, we need to develop culturally competent service delivery mechanisms that reduce stigma.”**

**— Robert Wood Johnson Foundation**



Adam Sternberg and Gloria Sanchez offer Functional Family Therapy – an evidence-based practice for youth with a proven track record in reducing violent behavior and increasing academic success.

# Healthy, Happy Youth

Sometimes the key to changing behavior is seeing things from a different perspective. That's what the Los Angeles Child Guidance Clinic's Functional Family Therapy (FFT) program strives to do for at-risk youth ages 10 to 18 and their families.

Founded in 1972, nationwide FFT has demonstrated significant and long-term reductions in youth violent behavior and re-offending, low drop-out and high education completion rates, as well as improved family communication.

The Clinic's FFT team strives to help each family member view their issues as a reflection of a larger dynamic—rather than continue blaming the adolescent or each other. “We ask all family members to change the way they think and to see one another in a different light,” notes Adam Sternberg, Ph.D., the Clinic's FFT Coordinator.

FFT is designed around short-term intervention strategies. Families participate in anywhere from six to 24 sessions at home.

The first phase seeks to prepare the family to make positive changes, both as individuals and as a group. Up for discussion are such shared issues as communication, anger management, trust, and problem-solving. “We don't come in with a pre-determined treatment plan,” explains FFT Therapist Gloria Sanchez, LMFT. “We get to know a family's strengths first, then work from that basis.”

FFT also assumes that family members have “noble intent”—that

they want to accomplish something positive for someone else. For example, a mother who constantly repeats instructions to her teen may be praised for caring—so the teen can see the motive behind the behavior.

In phase two, the family crafts a plan to put new traditions into place, such as a family night or other common activities. During the final phase, family members discuss how they might apply their new-found skills in the future.

In the FFT Program, opportunities for change can come at any time. Ms. Sanchez appreciates what she calls the “We Moment” —when a family's conversation moves away from “He did that” to “We can do this together.” Then, she says, “I know they can begin building from there.”

Another Clinic program—the Life Learning Program—supports adolescents and young adults, ages 15-25, who are receiving mental health services. A multi-disciplinary staff assists clients in pursuit of higher educational goals, independent living skills, and job searches.



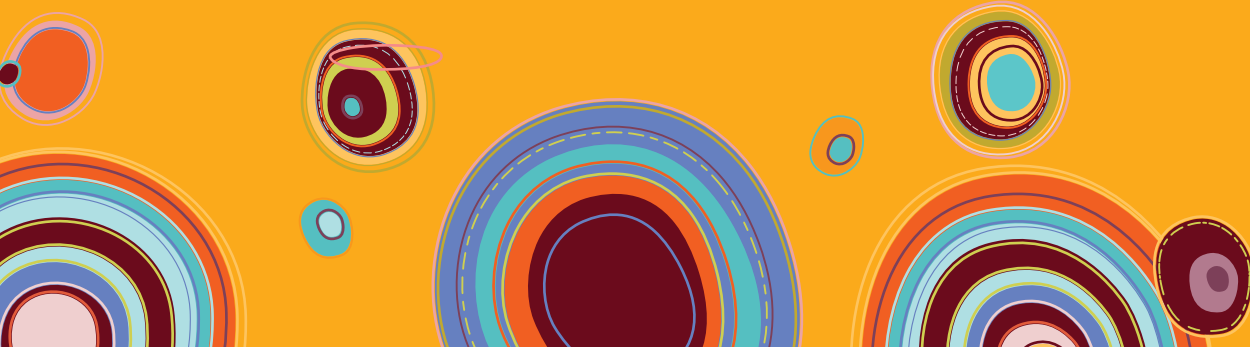
Life Learning clients who face substance abuse issues have an added resource, thanks to the Clinic's partnership with Behavioral Health Services (BHS), a community-based organization that provides prevention and recovery counseling.

Iris Leary, MA, a certified addictions counselor with BHS, counsels the young adults on strategies for recovery and harm reduction. “You never know when someone will be willing to make a major change,” she says. “I meet them where they are with honesty, sincerity and understanding. Showing I have empathy without judgment allows me to gain their trust—one step at a time.”



**“Early diagnosis and adequate treatment provided in an integrated service system is very effective; California can do a better job saving lives and saving money by making a firm commitment to providing timely, adequate mental health services.”**

**— California Mental Health Services Act of 2004**



“Our dedicated, experienced Good Shepherd Shelter staff and volunteers work as a team to break generational cycles of violence. Los Angeles Child Guidance Clinic’s onsite staff are a key part of our team effort to create a place of healing and hope for mothers and children.”

— Sr. Eileen Robinson, Sisters of the Good Shepherd



# Healthy, Happy Families

Geselle Jimenez and Patricia Salmeron make a great team on behalf of newborns, toddlers, and their parents. Together, the therapist and home interventionist for the Los Angeles Child Guidance Clinic's First Steps Program have a shared goal: to help build healthier, happier families from the start.

The team carries a playful set of tools to clients' homes—everything from dollhouses to puzzles, modeling clay, books, activity gyms, and sensory blankets—all designed to inspire interaction. “We focus on strengthening the bond between caregiver and child,” says Ms. Jimenez.

Often, parents are emotionally fragile at a time when they're called upon to be the most emotionally available—especially if they're struggling with such issues as poverty, violence, mental health, and substance dependency.

The First Steps Program, part of the Clinic's overall initiative in early invention and community wellness, uses a structured home-based model to reach out to children from birth to 3 years old and their caregivers. Each treatment plan is as individual as the people it serves.

The First Steps Program aims to short-circuit the need for more intensive services whenever possible. “The first three years are so critical,” notes Ms. Salmeron. “The earlier you start promoting and enhancing positive relationships, the greater the chances a family won't need a higher level of services later.”

Going on home visits allows the Clinic therapists to better understand family dynamics. Much of the work takes place in “floor time”—eye-to-eye encounters and play between parent and child, which helps form healthy attachments. “We try to create moments of engagement, attunement, and joy,” says Ms. Jimenez.

In 2010, the Clinic took its First Steps Program to the Good Shepherd Shelter for Battered Women & Children, a safe haven for families run by the Sisters of the Good Shepherd.

Families impacted by domestic violence suffer from “a form of post-traumatic stress syndrome,” says Blanca Quintera, mental health coordinator for Good Shepherd Shelter. That can manifest itself in each family member as anxiety, depression, disassociation, and nightmares, among other symptoms.

Often, children begin acting out in the shelter because they now feel safe to do so. Or they may not speak at all or regress in age, as normal development lags behind—until receiving therapy, often in the form of play, that is. “We've seen a positive



*Geselle Jimenez and Patricia Salmeron*

difference for the children who've participated in the Clinic services,” says Ms. Quintera.

Studies show that living in a violent home can even alter the neurological pathways in an infant's brain. For these children, effective early intervention can last a lifetime.

Another Clinic program—California Work Opportunity and Responsibility to Kids (CalWORKs)—also fortifies families by giving parents who face mental health challenges the support to overcome barriers to employment. Among its services are individual and group treatment, job search skills, and links to community resources.



**“We need to make sure every victim of domestic violence knows that they are not alone. And we need to ensure that if a victim of abuse reaches out for help, we are there to lend a hand.”**

**— President Barack Obama**



The Clinic reaches out to the community at all levels – including our annual Family FunFest. Festivities include arts and crafts, face painting, and pony rides. Mental health education and promotion are at the heart of FunFest, and are accompanied by healthcare enrollment and even free dental screenings.

# Healthy, Happy Community

Transforming South Los Angeles into a healthy and thriving community is a priority for public and private funders alike. As strategies develop, the Los Angeles Child Guidance Clinic invests resources and expertise to promote mental health as integral to any solution. Children and families in this area confront some of Los Angeles County's highest rates of poverty, unemployment, and child abuse referrals, along with the lowest percentages of children with health insurance and third graders reading at grade level.

“We can't build community health without incorporating easy access for our children and families to mental health services,” says Clinic President and CEO Elizabeth W. Pfromm. “We are grateful for our partners' expertise, as well as their willingness to embrace mental health as a priority. Our solutions are that much stronger as a result.”

The Clinic coordinates with fellow mental health advocates in many venues, particularly through the Empowerment Congress. This initiative—dedicated to building quality of life in the hard-hit community—was originated in 1992 by Mark Ridley-Thomas, now 2nd District Los Angeles County Supervisor. “The Empowerment Congress provides an invaluable forum for mental health providers and advocates to promote mental health in our community,” says Ms. Pfromm, who chairs the Congress's mental health committee.

In 2010, Clinic leadership also worked closely with other community

advocates to advance our shared goals. Dr. Nancy Ezra served on the Best Start LA Training Task Workgroup. Vice President of Advancement César Portillo worked with health, environment, education, and community advocates to help launch South LA Building Healthy Communities—part of a 10-year strategic effort by The California Endowment. The goal: to support the development of communities where kids and youth can be healthy, safe, and ready to learn.

In this year of historic health reform, the Clinic renewed its partnership with a leading primary medical care provider— South Central Family Health Center (SCFHC). Vice President of Programs Elena Judd, Ph.D., is developing capacity to provide mental health services directly onsite at the health center, while Community Access Coordinator Eric Inouye oversaw the launch of innovative co-located services at SCFHC's campus-based clinic at The Accelerated School. “The demand for mental health services is greater than the supply,” notes Genevieve Filmardirossian, SCFHC's Associate Director and COO. “Through our collaborative, our two agencies are working to fill that gap.”



*Members of the Empowerment Congress Mental Health Committee. Standing, left to right: Kathleen Austria, Dr. Rebecca Gaba, Sonya Woods, Donna Grayson, Franco Vega, Evelyn Metoyer-Williams, and César Portillo. Seated, left to right: Dr. Jack Barbour, Elizabeth W. Pfromm, and Alyce Morris-Winston.*

Partnership with the County's Department of Mental Health extends beyond direct service provision. The Clinic supports community planning processes for Los Angeles' Mental Health Services Act (MHSA) programs.

“In the spirit of collaboration, our partners are teachers, law enforcement, gang specialists, medical professionals, parents, and more,” says Paco Retana, LCSW, Clinic Director of Outpatient Services and Site Coordinator, and part of Service Area 6 Ad Hoc Steering Committee for MHSA's prevention and early intervention planning. “Together, we will create an effective community treatment plan.”



**“Children's health and safety is possible only when society is safe and healthy. Poverty, poor education, and lack of health care all combine to put children in danger. We in the Second District are attacking this problem on all fronts.”**

**— Supervisor Mark Ridley-Thomas**

# EARLY INTERVENTION AND COMMUNITY WELLNESS

## First Steps

Our First Steps Program provides primary prevention services for at-risk families raising infants and toddlers in the communities of South and Central Los Angeles. Unfortunately, many of these children face a disproportionately high exposure to intense stressors which negatively impact healthy early development. In the program's home-visiting model, mental health professionals support and partner with parents to help them develop healthy attachment bonds with their children. This proven protective factor reduces the likelihood of children experiencing future mental health problems, builds their resilience, increases their ability to overcome challenges, stimulates their developmental skills, and helps them to develop healthy relationships throughout their lives.



## Outpatient Services

Outpatient services are provided to children 5 and younger with behavioral and emotional problems, including aggression, temper tantrums, defiance, inattention, hyperactivity, depressed mood, anxiety, and difficulty with attachment to caregivers. Services – which encompass family therapy, case management, rehabilitation, and psychiatry – are provided in a variety of convenient settings, including the Clinic, clients' homes, and preschools.

## Early Intervention Day Treatment

This program provides a highly structured Clinic-based therapeutic environment for children ages 2 ½ to 5 who frequently display multiple problem behaviors so severe as to interfere with family functioning or result in preschool expulsion. Such children typically have experienced abuse and neglect and may have significant early attachment disorders. Art, music, and movement therapies are used to engage children in self-expression directed toward reducing problem behaviors. Parents and caregivers participate in family and support groups, as well as therapeutic home visits.

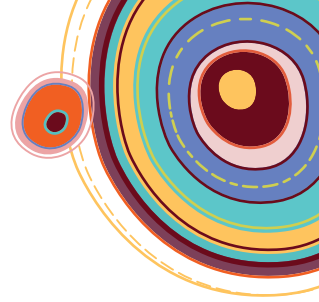


## Multidisciplinary Assessment Team (MAT) Services

One of the pioneers of the program, the Clinic continues to provide MAT as a collaborative effort with the Los Angeles County Department of Children and Family Services (DCFS) and the Department of Mental Health. MAT provides timely feedback on the mental health, developmental needs and medical concerns of children entering the foster care system. Team members also assess each potential caregiver's ability to provide optimal care, with the goal of decreasing the likelihood of multiple out-of-home placements.



# OUTPATIENT SERVICES



## Access Center

Our no-appointment, no-fee Access Center—open from 8:00 AM to noon five days a week—provides mental health screening for families. The Access Center enhances our capacity to quickly respond to families' emerging needs. We are also able to access and open cases as needed, and to provide linkages to much-needed community resources.

## School-Based Services

In partnership with Los Angeles Unified School District, we provide on-site mental health services at 22 schools. Individual, group, and family services help students address their mental health problems, which often become significant obstacles in their ability to learn and interact in classroom settings. With the support of a major Robert Wood Johnson Foundation grant, we were able to increase services to immigrant Latino families at Norwood Street Elementary school by improving access to care and support, and by earlier identification of emotional and behavioral problems that interfere with learning.

## Family Preservation

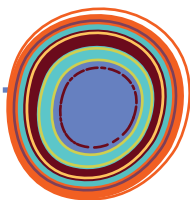
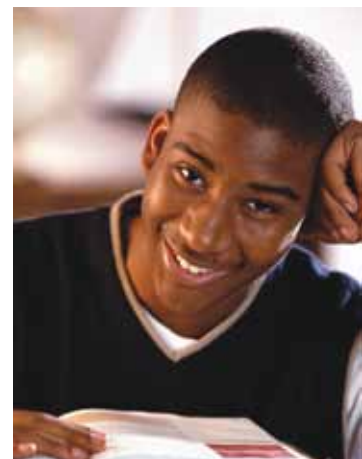
Family Preservation works with children who have come to the attention of the courts or DCFS to prevent them from being removed from their parents. We support improved family cohesion and help empower families to draw on strengths to find alternative ways to manage stressors. The Clinic provides mental health services to children and families enrolled in the Family Preservation programs, which is operated by lead agencies under contract to the DCFS. These children may have experienced neglect or abuse; they exhibit serious emotional or behavioral problems or frequently engage in acts of delinquency.

## Outpatient Services

Our comprehensive diagnostic, treatment and crisis intervention services for children, adolescents, and their families – which include individual, group and family therapy, case management, skill-building rehabilitation, and medication services – are offered at the Clinic or in the home. Treatment for trauma is often at the heart of our interventions, and a primary focus is on helping caregivers improve their ability to manage the stressors that negatively impact the well-being of their children.

## CalWORKs

California Work Opportunity and Responsibility to Kids (CalWORKs) is a welfare-to-work program designed to assist parents with minor children successfully transition to gainful employment. Working in partnership with the Department of Public Social Services, we provide support for parents experiencing barriers to employment due to mental health problems. Our aim is to increase self sufficiency while decreasing reliance on public support. Services include individual and group treatment and medication support. We also provide linkages to other community resources, such as housing, childcare, and English as a Second Language classes.



# INTENSIVE SERVICES

## Full Service Partnerships

Funded through the 2004 Mental Health Services Act, the Full Service Partnership (FSP) gives the Clinic additional flexibility to provide a more comprehensive array of intensive, coordinated services for underserved, high-risk children exhibiting severe behavioral problems. Therapists, parent partners, case managers, and psychiatrists offer parents and caregivers therapy, skill-building rehabilitation, case management, medication services, and substance abuse treatment services in locations that work best for each family. FSP funds nontraditional support services, including direct mental health services with parents and caregivers and "flex" funds to help a family pay for costs associated with supporting their child's mental health and pro-social behavior. Services are planned by the family and child based on unique needs. Parent partners help engage families, as well as assist them in navigating through systems of community resources.

## Wraparound

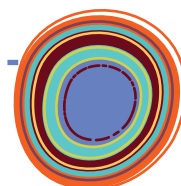
Designed for families with a child who has been in or is at risk of high-level residential placement, this nationally recognized model of service delivery is driven by family-designated teams that include professional staff, family members, and other community members. Flexible DCFS funding



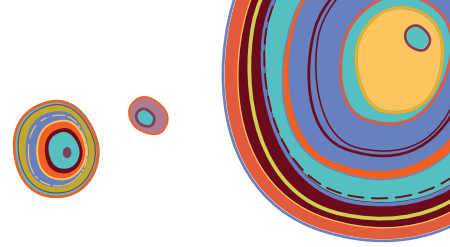
allows teams to plan services to do whatever it takes to assist the family in keeping a child in the community. Individualized blends of interventions can include mental health and other supportive services and activities that support optimal functioning for the youth involved. Parent partners play a vital role as a primary support for parents and caregivers in building on their family strengths to create a better future for their child.

## After-School Day Treatment Program

This intensive, five-day-a-week program serves children ages 5 to 11 who have emotional and behavioral difficulties too severe for remediation through outpatient treatment. Children are typically referred for defiance, aggression, poor impulse control, low frustration tolerance, hyperactivity, social withdrawal, low esteem, and/or depressed mood. Such problems manifest at home and in school and place the child at risk for school failure and out-of-home placement. A multidisciplinary treatment team of therapists, mental health rehabilitation specialists, milieu aides, and psychiatrists partner with parents and caregivers to identify specific goals for each child. Treatment includes participation in skill-building activities, individual and group adjunctive therapies, psychotherapy, family therapy, and "Family Night" in which activities focus on increasing the bond between parents and children.



# TRAINING



## Early Intervention Training Institute

In response to the expanding need for more early childhood mental health training in Los Angeles County and surrounding areas, the Early Intervention Training Institute increases the capacity of community-based, educational agencies and other key “gatekeepers” in identifying children at risk for emotional, behavioral or social delays, as well as other challenges. Additionally, we train professionals in effective interventions with these children and their families in settings such as mental health agencies, Head Start and day care centers, and child welfare organizations.

## Child Psychiatry Residents Training

Through a longstanding affiliation with the University of Southern California’s Keck School of Medicine, Division of Child and Adolescent Psychiatry, we provide residents with on-site psychiatric training in the diagnosis and treatment of children ages 5 and younger. Psychiatrists receive specialized training during a four-month rotation, while the Clinic benefits by having additional psychiatrists included in our early intervention programming. Through this program, we are able to increase our capacity to address the early onset of mental health related problems of underserved children and families.

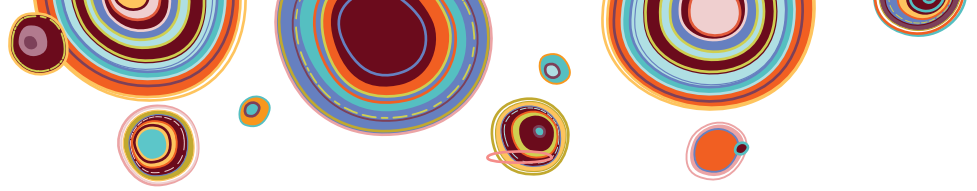


## Psychology Intern Program

Founded in 1998, this program allows doctoral students to participate in a nine-month training program of intensive supervision, didactic seminars, and direct services to clients and families. Since 2000, the Clinic has been a California Psychology Internship Council Training site. One of the hallmarks of this program’s success has been the desire of our interns to continue their relationship with us as employees of the Clinic. This tradition continues to provide the Clinic with well-trained, highly educated clinicians who have proven their skills and commitment to providing strength-based, culturally competent services.



# CELESTIAL DONORS



For their cumulative and outright giving in support of Clinic programs and ongoing operations, our heartfelt thanks to these good friends, our angels. It is through this generous support that our program efforts bring hope and help to children and families.

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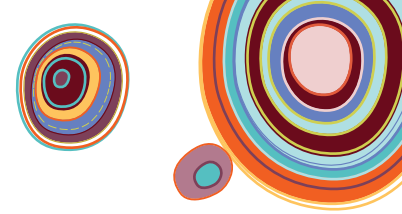
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The Clinic is deeply grateful for gifts received this past fiscal year from old friends and first-time supporters alike to support our comprehensive array of programs and services. This support is a vital contribution to the Clinic's ongoing efforts to offer help and hope for children and their families.

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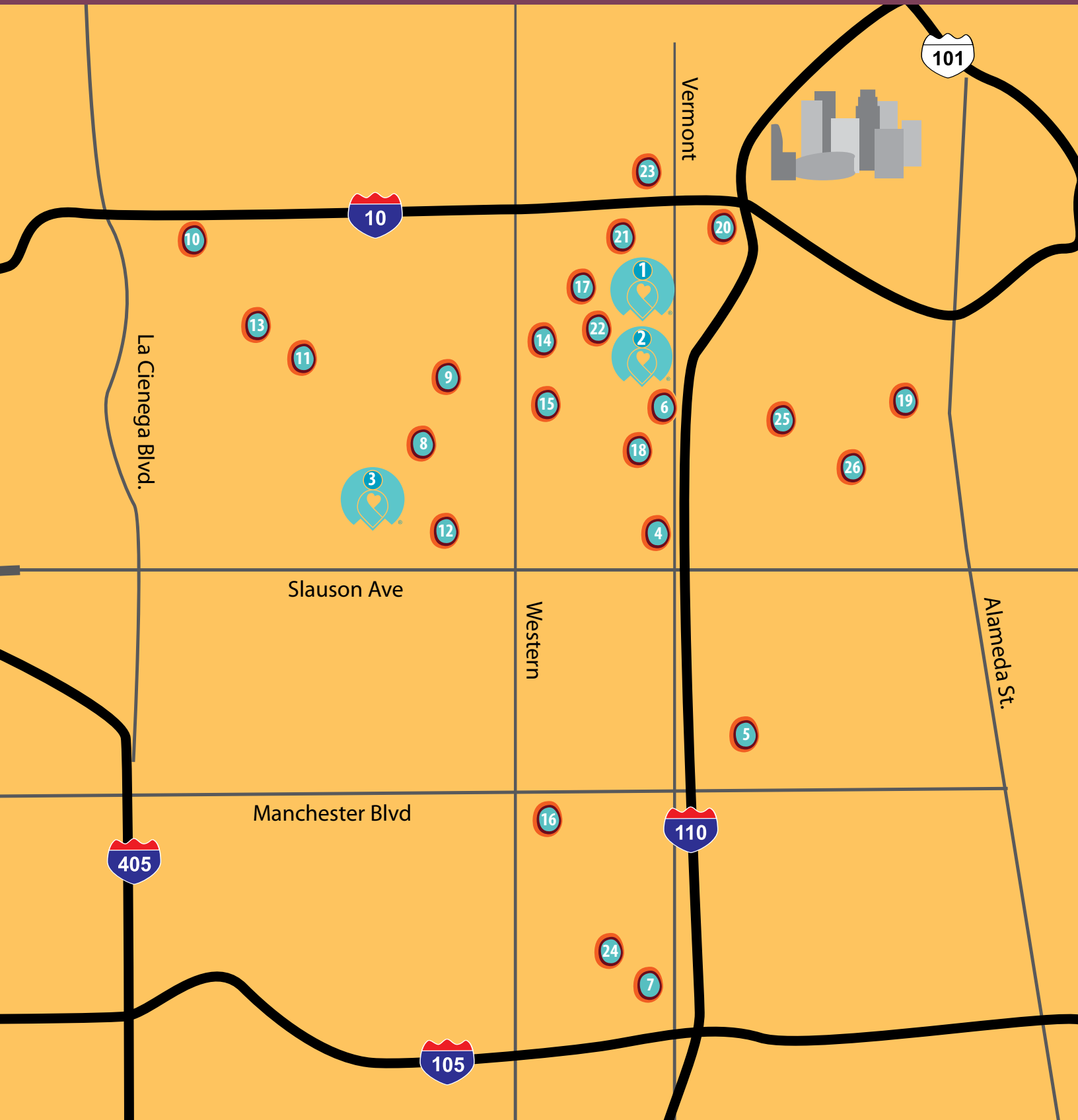
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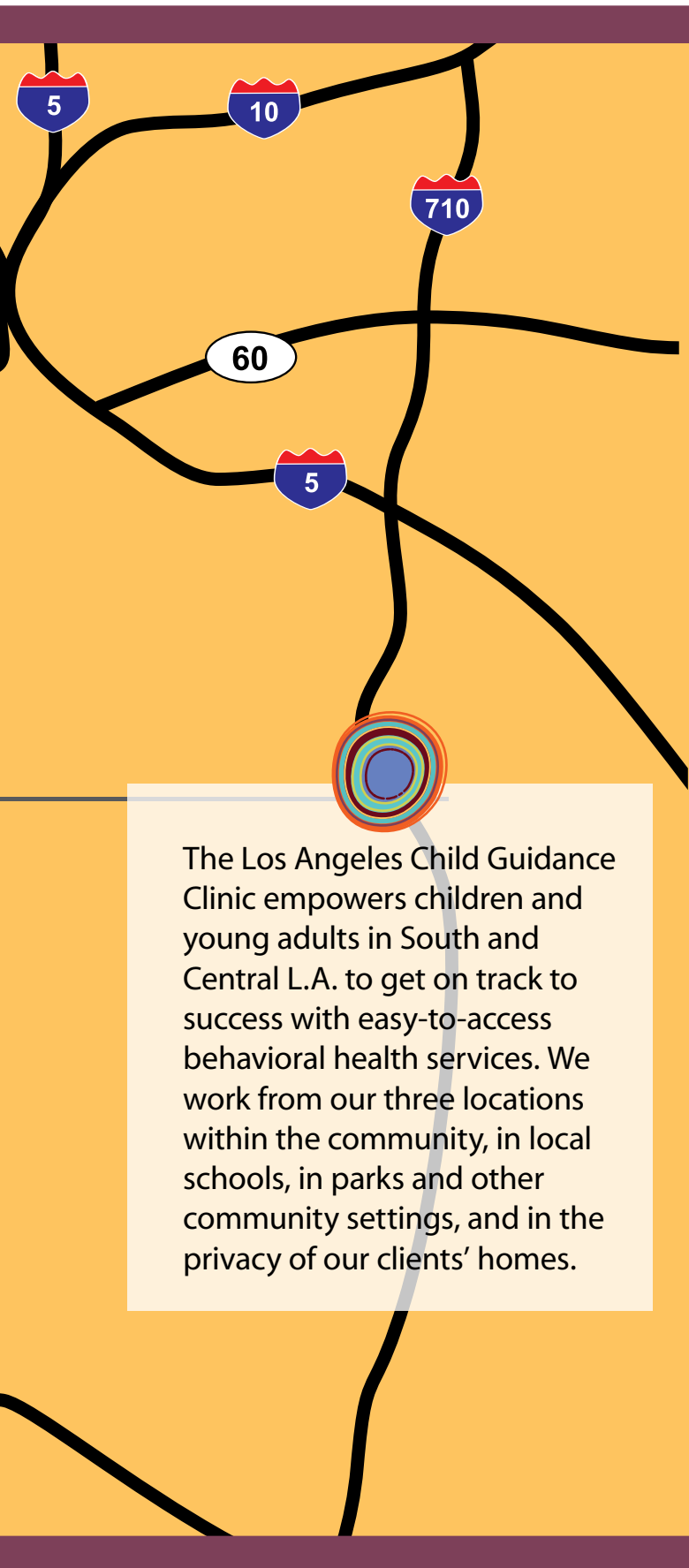
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# Mapping a Stronger Community





The Los Angeles Child Guidance Clinic empowers children and young adults in South and Central L.A. to get on track to success with easy-to-access behavioral health services. We work from our three locations within the community, in local schools, in parks and other community settings, and in the privacy of our clients' homes.

### Los Angeles Child Guidance Clinic Offices

- 1. University Park Site  
3031 S. Vermont Ave., Los Angeles
- 2. Exposition Park Site  
3787 S. Vermont Ave., Los Angeles
- 3. Leimert Park Site  
4401 Crenshaw Blvd., Los Angeles

### School-Based Programs

- 4. 52nd Street Elementary School
- 5. 75th Street Elementary School
- 6. Alexander Science Center School
- 7. 95th Street Preparatory School
- 8. Audubon Middle School
- 9. Tom Bradley Elementary School
- 10. Cienega Elementary School
- 11. Coliseum Street Elementary School
- 12. Ouchi and Ouchi High School
- 13. Dorsey High School
- 14. Foshay Learning Center
- 15. Martin Luther King Jr. Elementary School
- 16. La Salle Avenue Elementary School
- 17. John Mack Elementary School
- 18. Manual Arts Senior High School
- 19. Nevin Avenue Elementary School
- 20. Norwood Street Elementary School
- 21. Vermont Avenue Elementary School
- 22. L. B. Weemes Elementary School
- 23. West Adams Preparatory High School
- 24. Woodcrest Elementary School
- 25. The Accelerated School

### Other Service Site Partners

- 26. South Central Family Health Center
- 27. Good Shepherd Shelter (*location not disclosed*)



*Left to right: Kathleen Austria, 2nd Supervisorial District; Dora Leong Gallo, A Community of Friends; Elizabeth W. Pfromm, Los Angeles Child Guidance Clinic; Dr. Quinton James, Los Angeles Child Guidance Clinic Board of Directors; and Beverly White, NBC4, event emcee.*

## Annual Awards Luncheon Improving Children’s Lives

The Los Angeles Child Guidance Clinic honored two luminaries in children’s mental health at our Annual Awards Luncheon May 25 – Marleen Wong, LCSW, Ph.D, an expert in childhood trauma, and the housing organization A Community of Friends and its distinguished CEO, Dora Leong Gallo.

Dr. Wong, a highly regarded pioneer in creating effective responses to childhood trauma, was awarded the Clinic’s Evis Coda Award for Building Hope for Families.

“Dr. Wong’s unrelenting commitment has improved the lives of countless of thousands of children,” said Elizabeth Pfromm, Clinic President. “Through her work, she has pioneered interventions that eloquently provide early, trauma-informed care to children most in need.”



*Left to right: Elizabeth W. Pfromm, Los Angeles Child Guidance Clinic; Dr. Marleen Wong, USC; and Dr. Elvis Coda.*

A Community of Friends and Ms. Gallo received the Clinic’s Quinton James Award for Making A Difference. The homes it builds and operates shelter more than 450 children who have parents with mental illness. Ms. Pfromm lauded the organization’s “compassion, patience and consummate belief in recovery that transforms bricks and mortar into homes with a heart.”

## Service Highlights

In 2010, the Los Angeles Child Guidance Clinic took the lead in reaching out to thousands of children and families to aid them in finding new pathways to change, build on their strengths, and fulfill their potential.

### Clients Served

3,493 children and family members benefited from Clinic services.

### Outpatient Visits

71,236 mental health outpatient visits were provided at three community-based Clinic offices, as well as on-site at 22 local schools, in clients' homes, and other community sites.

### Access Center Services

1,282 children, family members, and caregivers received immediate assistance at the no-appointment, no-fee bilingual Access Center.

### Days of Service Provided

11,990 days of service were provided through our intensive day treatment programs.

### USC Medical Residents

5 residents from the University of Southern California's Keck School of Medicine served rotations at the Clinic through the Child Psychiatry Residents Training Program, receiving specialized training in the diagnosis and treatment of young children.

### California Psychology Internship Council Training Site

4 doctoral students participated in our Psychological Internship Program, providing clinical treatment services and receiving specialized training.

## CLINIC LEADERSHIP

The Los Angeles Child Guidance Clinic is indebted to the governing leadership of our Board of Directors and the guidance and assistance of our Advisory Board. These individuals, working in close partnership with Executive Staff, give generously of their time, talents, and resources in carrying out our mission.

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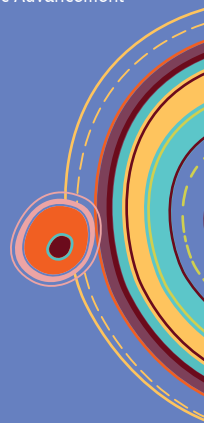
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