



## Los Angeles Child Guidance Clinic

*Improving children's mental health since 1924*

### **FOR IMMEDIATE RELEASE**

Contact: Amanda Ray, (323) 766-2360

[aray@lacgc.org](mailto:aray@lacgc.org)

### **Los Angeles Child Guidance Clinic Staff Present at National ZERO TO THREE Conference**

*November 4, 2005, Washington, D.C.* Director of the Los Angeles Child Guidance Clinic's Early Intervention & Community Wellness Division Dr. Barbara Stroud, and Associate Director Leticia Lara, M.A., recently presented at the national ZERO TO THREE conference. Dr. Stroud presented "Searching for Cultural Competence" while Ms. Lara co-presented "Unraveling the Program Evaluation Mystery: An Evidence-Based Approach" with University of Southern California Professor Diane Hammon Kellegrew, Ph.D.

The conference was the 20th National Training Institute, was entitled Keeping Babies on the Map: Progressive Policies, Cutting-edge Research and Innovative Practices, and welcomed over 1,500 professionals from around the nation and world.

### **Los Angeles Child Guidance Clinic Partners with Boston's Trauma Center for ARC Trainings**

*October 2005, Los Angeles.* The Los Angeles Child Guidance Clinic is building its capacity to serve victims of complex trauma by receiving a series of ARC (Attachment, Self-Regulation and Competency) trainings from the Trauma Center, headquartered in Brookline, Massachusetts. The community of children the Clinic serves often suffer the effects of complex trauma as a result of exposure to multiple, chronic, overwhelming negative experiences, usually in places that are supposed to be safe for them, like home or at school.

The goal of ARC is to train service providers to help children develop resilience, or the ability to "bounce back" after stressful events. Four general intervention principles lead to this goal: 1) help the child feel some mastery over the environment; 2) promote positive connection with other people; 3) build on strengths and 4) teach the child to assess the outcomes of actions and events. The Clinic's partnership with the Trauma Center began in October and will span throughout 2006. This training is one of several steps toward developing a Center of Excellence model in trauma care for the Clinic.